

September 2021 – Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Aug. 30	Aug. 31	Sept. 1	2	3
Chicken Nuggets Mixed Veggies Fruit Cocktail Pretzels and Dinner Roll	Ham and Cheese Sub ,Sun Chips Fruit and Veggies	Curly Noodle Spaghetti Meat Sauce, Salad & Fruit, Bread stick	B.L.T Sub Bacon lettuce & turkey Sun Chips Fruit and Veggies	No School
6 Labor Day No School	7 Turkey and Cheese Sub Sun Chips Fruit and Veggies	8 Chicken Patty on a Bun Chex Mix Fruit and Veggies	9 Salami and Cheese Sub Sun Chips Fruit and Veggies	10 Cheese Pizza Gold Fish Crackers Salad and Fruit
13 Ham and Cheese Sub Sun Chips Fruit and Veggies	14 French Toast Sticks Sausage Links Fruit Juice Cup Veggies and Dip	15 B.L.T Sub Bacon lettuce & turkey Sun Chips Fruit and Veggies	16 Corn Dog Baked Beans Veggies and Fruit	17 Early Dismissal No lunch
20 Sloppy Joes Baked Chips Veggies and Fruit	21 Salami and Cheese Sub Sun Chips Fruit and Veggies	22 Beef Chili Corn Bread Veggies and fruit	23 Turkey and Cheese Sub Sun Chips Fruit and Veggies	24 Italian Dunkers Marinara Sauce Fruit and Veggies
27 Hamburger On a Bun French Fries Veggies and Fruit Pickles	28 Ham and Cheese Sub Sun Chips Fruit and Veggies	29 Hard Shell Tacos Rice Black Bean Salsa Fruit	30 B.L.T Sub Bacon lettuce & turkey Sun Chips Fruit and Veggies	Oct. 1 Grilled Cheese Sandwich Tomato Soup Veggies and Fruit Crackers
K-8 = Free 4-8 extras = \$1.00 Milk = \$.40 Adult = \$3.75	A salad is available each day in place of the main entrée for 6-8 graders. Whole Grains served at each lunch.	All lunches include ½ pint of milk Milk options include: Fat-Free Skim milk 1% low-fat milk Low-fat Chocolate milk		